

# Tregoze Primary School

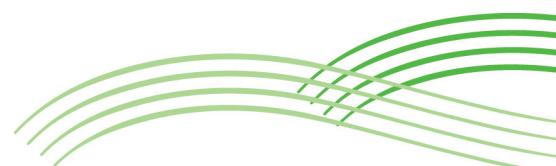
## Young Carer's Policy

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At Tregoze Primary School we are committed to supporting Young Carers to access education. This policy aims to ensure Young Carers at our school are identified and offered appropriate support to access the education to which they are entitled.

### **Definition**

A Young Carer is a child or young person who is helping to look after someone at home. Most are caring for a parent, commonly in a single parent family, but some may be taking responsibility for a sibling, grandparent or other relative. In some instances a Young Carer may care for more than one family member.

The person they look after will have one or more of:

- Physical disability
- Learning disability
- Mental health problems
- Chronic illness
- Substance misuse problems

### **Caring tasks:**

A Young Carer will take on additional responsibilities to those appropriate to their age and development. A Young Carer might be providing the main care or share responsibilities with another family member. The caring tasks that a Young Carer has to deal with can range from:

**Nursing care** – giving medication, injections, changing dressings, assisting with mobility etc..

**Personal intimate care** – washing, dressing, feeding and helping with toilet requirements

**Emotional care** – being compliant, monitoring the emotional state of the person cared for, listening, being a shoulder to cry on, supporting a parent through depression and trying to cheer them up

**Domestic care** – doing a substantial amount of housework, cooking, shopping, cleaning, laundry etc..

**Financial care** – running the household, bill paying, benefit collection etc..

**Child care** – taking responsibilities for younger siblings

For more information on Young Carers please visit the website;

<http://www.swindoncarers.org.uk/young-carers/>

