

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

NGCI and Milk Silver Menu Autumn 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main		NGCI Chicken and Ginger Stir Fry (No Soy Sauce) with Rice (No Noodles)	Roast (as advertised) with Roast Potatoes (No Gravy)		NGCI Bubble Fish with Chips
No Bread	Vegetarian	Vegetarian Butterbean Risotto			Sweet & Sour Vegetables with Rice (No Noodles)	
		Baked Tomatoes Peas	Peppers Green Beans	Carrot and Swede Mash	Sweet corn Broccoli	Baked Beans Garden Peas
	Dessert	NGCI Apple Crumble (No Custard) (No Yoghurt) Fresh Fruit Platter	NGCI Chocolate Shortbread (No Yoghurt) Fresh Fruit Salad	NGCI Sponge (No Yoghurt) Fresh Fruit Platter	(No Yoghurt) Fresh Fruit Salad	Fruit Station (No Yoghurt)
Week 2	Main	Beef Meatballs in Tomato Sauce with Rice	NGCI Chicken and Broccoli Pasta Bake (No Cheese)	Roast Turkey with Roast Potatoes (No Gravy)	Beef Bolognese with NGCI Pasta	NGCI Bubble Fish with Chips
No Bread	Vegetarian		Quorn Mince Bolognaise with NGCI Pasta			
		Coleslaw Sweet corn	Peas Carrots	Broccoli Cauliflower	Roasted Mixed Vegetables	Baked Beans Garden Peas
	Dessert	NGCI Eves Pudding (No Custard) (No Yoghurt) Fresh Fruit Platter	NGCI Pineapple Upside Down (No Yoghurt) Fresh Fruit Chunks	NGCI Shortbread (No Yoghurt) Fresh Fruit Salad	NGCI Peach Crumble (No Custard) (No Yoghurt) Fresh Fruit Platter	Fruit Station (No Yoghurt)
Week 3	Main			Roast Chicken with Roast Potatoes (No Gravy) (No Stuffing)		NGCI Bubble Fish with Chips
No Bread	Vegetarian					
		Sweet corn Mixed Peppers	Green Beans Glazed carrots	Savoy Cabbage Sweetcorn	Broccoli Tomato Salad	Baked Beans Garden Peas
	Dessert	NGCI Sponge Cake (No Yoghurt) Fresh Fruit Platter	(No Yoghurt) Fresh Fruit Salad	Fresh Fruit Chunks (No Yoghurt)	NGCI Chocolate Sponge with Chocolate Drizzle (No Yoghurt) Fresh Fruit Salad	Fruit Station (No Yoghurt)



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Daily salad selection